

# MARIA MARSHALL



## GAIA GODDESS FOUNDER & CEO

Maria Marshall is the CEO and founder of Gaia Goddess lifestyle and the visionary voice behind the brand and all its creative endeavors. With her passionate history volunteering in the women's healing space, Maria brings her fullest expression of love and hope for the healing, empowerment and uplifting of all women from diverse economic, cultural and racial backgrounds.

At Lotus House (the nation's first holistic shelter serving 500 women and children in Overtown, Miami), Maria first began her healer's journey and volunteered reiki, sound and meditative healing techniques and offered reiki certification to all women and children at the shelter. Maria is currently trained in many healing modalities such as reiki, breath work, and sound and chroma therapy. Maria also works with ancient shamanic healing techniques and forages herbs, flowers and other natural remedies for herself and the women she works with.

Maria is an avid writer, storyteller and social entrepreneur with an educational background in musical theater, fashion and interior design. Deeply immersed in the arts, Maria's unique expression imbues her brand with a sense of balance, visual detail, and spiritual luxury that can be enjoyed and experienced by all women no matter their social/economic background or physical location.

Gaia Goddess is a movement that reflects Maria's commitment to bring all women the support, education, community and resources that she found lacking as she healed her own life's trauma, stepped outside the comfort of her life and, during a pandemic, dove head first into creating the world's first on-line and in person women's empowerment platform.

Maria, as the voice of Gaia Goddess, makes all creative, financial, structural and strategic decisions from a place of balance, deep faith and a strong belief that her company is destined to lift, empower and heal many.

As the mother of three grown children, Maria now spends most of her time nourishing and growing her business, filming content for Gaia Goddess' online Mind, Body and Spirit weekly wellness, speaking at various spiritual fairs and expos, facilitating healing retreats and events, and teaching courses in wellness and spiritual development, in-person and online.

Maria Looks forward to pitching Gaia Goddess's docuseries sizzle for major Network TV and streaming platforms in the spring of 2024.

