



Video Transcript

Tapping For Divine Feminine Embodiment

Hello, I'm Emily Samimi. I'm here with Gaia Goddess, and today we are tapping to embody the divine feminine. And so if you have never embodied the divine feminine or you don't really. Feel like you have that ability to connect with that feminine part of you. We're gonna really tap on that today, and then we'll start to embody some affirmations that will connect you with that divine feminine.

So let's get into it. Let's start with the karate chop. And as you're tapping here, I want you to imagine what it would be like to really embody that divine feminine. What does that mean to you? To truly love your femininity and to see it as power, as love, as just truly accepting and loving you as this divine feminine?

What

images do you see in your mind?

Something that I like to see is a version of me that is standing in the woods and my hair is just long and luscious and I'm just tending to the trees and I'm just giving love to everything around me, and I feel like I can be myself. That I can embrace this sensuality that's within me. So whatever that looks like for you, connect with that and then repeat after me, and you can have your eyes open so you can see the motions that I'm doing, even though I haven't always embodied my divine feminine.

I still deeply and completely love and accept myself,

even though I haven't always embraced this divine feminine in me.

I still deeply and completely love and accept myself.

Even though I haven't honored this divine feminine,

I still deeply and completely love and accept myself

this divine feminine.

This divine feminine part of me,

I haven't always embraced this part of me.

I haven't always seen this power in myself.

There have been many moments in my life where I felt disempowered,

these experiences in which I felt disempowered.

I rejected this divine feminine.

I was taught to not embrace this part of me.

I was taught to see this feminine part of me as a weakness.

I felt like I couldn't love this part of myself,

that I couldn't embrace this divine feminine,

but I want to feel divine.

I want to feel connected to Mother Nature.

I want to feel connected to this divine part of me.

I want to see my power and all that I can do.

This feminine power is strong,

that this feminine power is beautiful

and that I can be soft and powerful at the same time.

This divine feminine part of me wants to come out so badly,

so I choose to see this part of me come out more.

I choose to embrace my sensuality.

I love being a woman.

I am a powerful woman.

Through my sensuality, I express my own creativity.

I connect with this creativity,

and when I do, I flow in the process of life.

When I connect with this divine feminine

life feels beautiful.

I'm embracing this divine feminine.

This divine, beautiful part of me

where I truly see the truth of who I am.

I embrace this flow that is within me.

I use it to manifest experiences that I desire.

I am a powerful manifester.

This feminine energy allows me to manifest.

As a woman, I am one of the most powerful creators

because I give new life.

My body was created to give life.

How powerful is that, that my womb is a portal,

that there's so much divine energy in my womb,
so I no longer reject this feminine part of me.
I embrace my womb and all of the power that it comes with.
I am a powerful creator.
I feel confident in myself.
My sensuality is so empowering.
I connect with my sensuality
and I see it as such a gift.
I am so creative.
I'm so strong-willed.
I love this divine feminine part of me.
I accept all parts of myself.
I embrace my emotions
and I allow myself to feel
because this feminine energy.
So powerful.
When I connect to nature,
I am most connected to the divine
mother. Nature is very feminine.
This divine feminine is within me too.
I'm a unique expression of femininity
and I embrace it daily.

I'm surrounded by positive relationships that are nurturing

because I am nurturing.

I allow this divine feminine energy to guide me through everything in life.

I know that when I trust in this divine feminine, I can also trust in my intuition.

I have such a strong intuition

when I'm connected to the divine. I am unstoppable.

I know exactly who I am and exactly what I want to do.

I appreciate life and all that it comes with.

I appreciate simple joys.

I appreciate all people and things.

I appreciate nature.

I set an intention to connect to nature more often.

I allow myself to feel that energy as often as I can.

I allow myself to flow and move through life with this energy,

to dance with it,

to see this energy as love.

I embody this love.

This love is within me.

This love allows me to create and to manifest.

I love this divine feminine in me.

I choose every day to experience love, sensuality, and creativity.

I'm joyful in this human experience.

I love being a woman.

I love connecting with this divine,

this divine part of me that sees the light in all things.

My emotions are a gift and I embrace them.

I am a beautiful, divine feminine woman.

Now take a deep breath here and exhale out and you can move around. Whatever feels good to you to connect with that divine. Feminine part of you and just notice what's coming up for you. Do you accept and love yourself more? Are you down to a zero? And if you're not down to a zero, that's okay. You can always do this round again to connect with that divine feminine again, that divine feminine is within you.

It's in nature. It's in all living things. And so just start to embrace that more and more. Go out to nature more, connect with yourself more. Do things that you love, create more. You are a powerful, powerful woman and I hope that this session allowed you to see that. So thank you so much and sending you so much love.